

## On foot through the world: The way evolves from going...

### Just walk

In July 2008, the Austrian Reinhold Richtsfeld set off from Vienna on a hike with an undetermined geographical goal. With a backpack and a hiking pole he set off in search of ways to achieve a sustainable and respectful life in line with nature and other people. On the homepage RYTZ.AT he reports about the adventures on the road.

Richtsfeld explains his motivation: „The ecological and social situation on our planet is critical, our growth and consumption oriented lifestyle has reached its limits. Many people realize that ever more money and consumption do not increase their quality of life anymore. The world needs big changes, and we have to decide now what our future will be. How can we succeed in acting in a responsible and respectful manner in order to set the right direction into a new world? I want to look for answers to these questions along my way.“

### On foot to the sea

After starting in Vienna, Richtsfeld walked together with world wanderer colleague, Gregor Sieböck, all the way through Austria, before he continued his foot trip alone through Switzerland, France, Spain and the Canary Islands. Up to now he has already walked 4,300 kilometers in his Austrian “Waldviertler” shoes. There is no fixed route and timetable for the hike. But what is certain is: He will not use planes in order to travel as ecologically and simply as possible.

During the winter months Richtsfeld has covered about 500 kilometers on the islands of Gran Canaria, Tenerife and La Palma. “I came on the Canaries to hitchhike on a sailing ship over the Atlantic. To my surprise, I found a true hiking paradise here. And because I did not find a boat, I just stayed”, he reports. Meanwhile he gave up his sailing plans in favour of discovering Morocco in the spring time. He has no further plans so far. “Where exactly my trip will lead me to, only the stars know”, Richtsfeld laughs.

### Be the change

With his walk Richtsfeld would like to inspire people to think about their own lifestyle and to strive for change. He explains: “My wish is, that everybody becomes aware of his or her own responsibility to the world, rethinks and becomes active. The attitude of “I cannot do anything about it” is comfortable and has far-reaching consequences. We ourselves can be the change! Let us use our wide range of our opportunities and live our dreams. Let us start today”, he says.

### Further Information

Reinhold Richtsfeld – On Foot Through The World

[www.rytz.at](http://www.rytz.at)

[reinhold.richtsfeld@rytz.at](mailto:reinhold.richtsfeld@rytz.at)

## Portrait



Name	Reinhold Richtsfeld
Roots	Born in May 1977 in Linz, childhood in Waxenberg, Upper Austria.
Education	Studies of Electrical Engineering/Business in Austria, Spain and France. Studies of Sociology in Austria.
Activities	Environmental protection and Sustainable lifestyles
Interests	Hiking, Travelling, Ultimate Frisbee, Music, Literature, Social development
Ecological Footprint	2.4 ha
World Wanderer	Since 21st of July 2008, 12am

*Wherever you go, go with all of your heart.*  
Confucius.